

Join Us!

All members receive newsletters from NAMI PA Chester County, NAMI PA, and National NAMI

Membership in **NAMI PA Chester County** is open to any interested individual, family or organization.

Please complete the form below

MEMBER OPTIONS

Family/Individual (\$35.00) ____

Open Door member (\$3.00) ____

Organization (\$75.00) ____

Contribution - Thank you! ____

Name(s) _____

Address _____

City _____ State _____

Zip _____ Phone (____) _____

E-Mail _____

Make check payable to:

NAMI PA Chester County

Send to

NAMI PA Chester County
PO Box 2372 West Chester PA 19380

Advocacy ~ ~ Research

Advocacy - on local, state and national levels by NAMI members, board members and staff. **Our efforts shape public policy and legislation on issues affecting people living with mental illness.** Quality of care, access to care, housing, insurance, and funding for rehabilitation are some of today's important issues!

Research - on the human brain in the past decade has resulted in major advances in diagnosis, treatment and recovery support for people with mental illness. Many major research initiatives have been motivated by NAMI's advocacy and public awareness campaigns.

NAMI Can Answer Your Questions!

What is a mental illness?

What are the different types?

What kind of treatment is available?

Where can I get that treatment?

What is the latest research?

Who do we turn to for help?

What resources are available to our family?



**nami Pennsylvania
Chester County**



“We Take Mental Illness Personally”

Serving people who live with mental illness, their family members and our communities in Chester County.

NAMI PA Chester County
PO Box 2372 West Chester Pa 19380
Phone: (610) 430-0177
E-Mail: chester@NAMI.org
Webpage: <http://chester.nami.org>

**Chester County
Crisis Intervention Hotline**
1-877-918-2100 (toll free)

Updated 08/05

What is NAMI Pennsylvania Chester County?

NAMI stands for the National Alliance on Mentally Illness. We are a grassroots family and consumer organization. Our purpose is to improve the lives of people with severe mental illness through support, education, advocacy and research. We operate at local, state, national and international levels.

Severe mental illnesses are biologically based brain disorders that can disrupt a person's ability to think, feel and relate to their environment and others. Our purpose is to support people living with mental illness, their family members and friends.

NAMI membership is open to families, mental health service consumers, friends and concerned healthcare professionals.

Membership in **NAMI PA Chester County** connects you to information from our local, state and national offices.

You Are Not Alone!

Mental Illness affects one in five families in Chester County each year

Information and support are two important tools for people coping with mental illness. **Get the facts.** False information and stigma often surround mental illness and harm a person's or family's ability to cope and recover. NAMI provides current information and ongoing support.

NAMI PA Chester County Offers:

Support — monthly meetings, support groups, educational programs, a monthly newsletter and contact with other NAMI members. **Our general monthly meetings are open to anyone.**

Education — publications, videos, presentations from local experts, **free education courses** and annual state and national conferences are available to all members.

Call Our Referral Helpline
(610) 430-0177

Check our website for updates
<http://chester.nami.org>

Local Support and Education Groups

Monthly membership meetings - held every third Thursday at Christ Memorial Lutheran Church, Paoli Pike & Line Rd., Malvern, PA. Presentations on a variety of topics of interest to consumers and families.

Monthly Support Groups - for family members held in different locations throughout Chester County. Call (610) 430-0177 for current information.

Family-to-Family - **FREE** twelve week education course for family members supporting a person with mental illness. Call 1-(800) 223-0500 for information.

NAMI-CAN - monthly support group for families of *children and adolescents* who suffer from severe emotional disturbances. Meets 7-9 PM the second Monday. Call (610) 430-0177.

Peer-to-Peer - for people with any serious mental illness interested in establishing and maintaining recovery. Call (610) 430-0177.

Grief and Loss - monthly support group for family members. Held 7-9 PM third Monday. Call (610) 430-0177.